

Activate Life with

Qufo-OD[®]

Quatrefolic 600mcg

What is Quatrefolic?

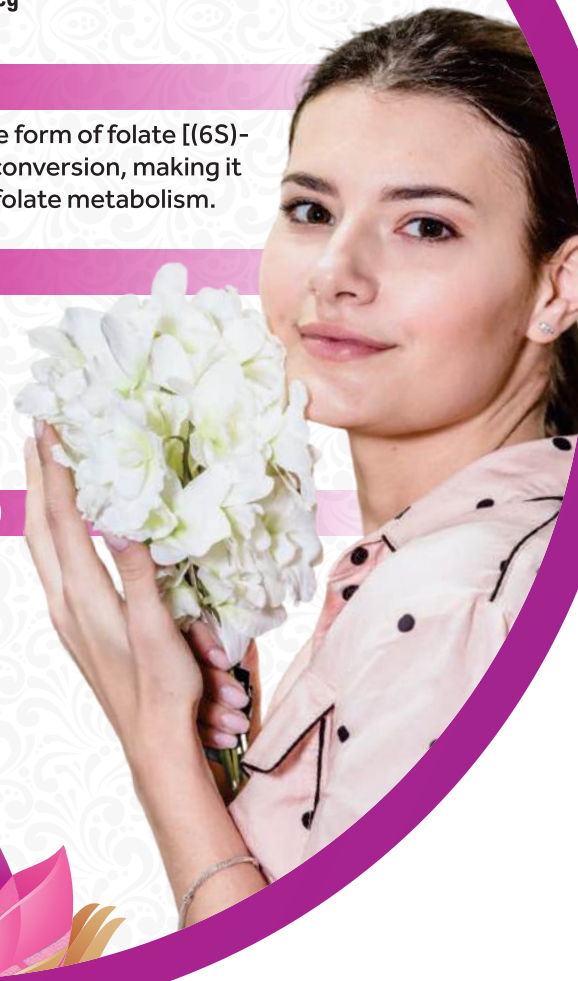
Quatrefolic is a 4th-generation active folate — the active form of folate [(6S)-5-MTHF glucosamine salt] — that bypasses enzymatic conversion, making it ideal for those with MTHFR polymorphisms or impaired folate metabolism.

Indications:

- Pregnancy and Lactation
- Megaloblastic anemia
- Hyperhomocysteinemia
- Fertility support in men and women
- PCOS management

Key Benefits of Qufo-OD (Quatrefolic 600 mcg)

- Ready-to-use active folate
- Supports DNA synthesis, cell division, and red blood cell formation
- Reduces homocysteine levels, promoting cardiovascular and neurological health
- Safe for pregnant and lactating women



Active Folate is Essential

Up to **40–60%** of the population may have MTHFR gene variants, significantly reducing their ability to convert folic acid to active folate. That increasing the risk of complications like:

Neural tube defects

Elevated homocysteine (linked to cardiovascular risk)

Poor neurological outcomes

Dose

Indication	Recommended Dose	Frequency	Notes
General Folate Supplementation	400–600 mcg	Once Daily	For general health and prevention of folate deficiency
Pregnancy & Neural Tube Defect Prevention	600–800 mcg	Once Daily	Preferred in women planning pregnancy or during early gestation
MTHFR Polymorphism (hetero/homozygous)	600–1,000 mcg	Once Daily	Active folate bypasses MTHFR enzyme deficiency
Hyperhomocysteinemia 1,000–5,000 mcg	(1–5 mg)	Once Daily	Often combined with B6 and B12 for homocysteine reduction
Depression / Cognitive Support	7.5–15 mg	Once Daily	Prescription strength in adjunctive psychiatric treatment

Dosage Form

Qufo-OD[®] Tablet

Each tablet contains Quatrefolic 600 mcg



For full prescribing information please contact:
DeMONT
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